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**ANALYSIS OF INFANT FORMULA PROPERTIES DILUTED WITH  
DIFFERENT TYPES OF WATER**

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**Annotation.** The composition of Infant Formula in Russia is regulated by State Standard 25101-82 for the organoleptic characteristics, protein and fat content and acidity. International Expert Group of European Society for Paediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN) recommends to use a general index of properties of Infant Formula – the osmolarity, which is determined after diluting the Infant formula with water. The experimental values show that osmolarity significantly varies according to the type of water, which is used for its preparation.

**The Keywords:** Infant Formula; osmolarity

Infant formula is an essential product of artificial feeding (bottle-feeding) of newborn babies. Therefore, it ought to have the similar composition and properties as breast milk. The composition of Infant Formula in Russia is regulated by State Standard 25101-82 [1] for the organoleptic characteristics, protein and fat content and acidity. The school of Nutrition of professor Sannikova N. E. emphasizes necessity of optimization of the mineral part of Infant Formula [2,3], while foreign researches pay attention to organic part of the Formula [4,5]. International Expert Group of European Society for Paediatric Gastroenterology, Hepatology and Nutrition

(ESPGHAN) recommends to use a general index of properties of Infant Formula – the osmolality, which is determined after diluting the Infant formula with water [6].

**Aim** – measuring of the osmolality of Infant Formula diluted with distilled water and estimate the influence of different types of water on this quantity.

### **Materials and methods**

Materials: Infant Formula: «Similac 1», «NAN-1», «Nestogen-1», « Similac Premium», «Bellakt»; Water: «Ugorskaya», «Aqua-Crystal», «Chusovskaya», «Novokurinskaya», boiled tap water, distilled water

Methods: Cryoscopy (cryoscopic medical osmometr OSCR-1M); Potentiometry (pH-metr pX-150); Conductometry (Conductometr Anion 7020)

### **Results and discussions**

Osmolality is a collective property, estimating a total quantity of osmotically active particles. Osmotically active particles are ions of inorganic substances like electrolytes or organic substances such as proteins (whey proteins and casein) and carbohydrates like lactose. Lipids has no influence on osmolality. Osmolality mark helps to capture the impact on water-electrolyte balance, loading of gastrointestinal tract and urinary system.

Osmolality of breast milk varies from 260 to 300 mmol/kg. These values correspond to blood plasma osmolality marks: 285-295 mmol/kg.

You can see the results of the experimental measuring of osmolality of the Infant Formula of different marks in (Table 1). Osmotic pressure was also counted.

Table 1

Indications of Formula osmotic properties diluted with different type of water

| Infant Formula  | $\pi$ , atm | $\pi$ , atm on the pack | Osmolality, mmol/kg |      |
|-----------------|-------------|-------------------------|---------------------|------|
|                 |             |                         | Osmometer           | Pack |
| Similac 1       | 7,32        | 8                       | 288                 | 315  |
| NAN-1           | 5,36        | 8                       | 211                 | 315  |
| Nestgen -1      | 6,66        | 6,71                    | 262                 | 264  |
| Similac Premium | 6,71        | 8                       | 275                 | 315  |
| Bellakt         | 6,81        | 7,37                    | 268                 | 290  |
| Breast milk     | 6,61-7,63   |                         | 260-300             |      |

According to the data in the table, the experimental values significantly differ from the packing ones. The most adapted formula is Similac Pre, because its osmotic properties are close to blood.

In order to consider the acid-base properties of Bellakt pH,  $B_a$  and  $B_b$  (buffer tank for acid / base) were estimated including osmotic properties. It is clear from the table 2 that pH value differ 2,91units in different types of water. However, this distinction was reduced and became 0,29 units, when Bellakt and Nestogen were dissolved. Therefore, pH of the Formula close to neutral. The reasons are the buffer properties of proteins and hydrocarbonates, contained in Formula.

Table 2

pH, buffer tank and osmotic properties of Bellakt

| Type of water /<br>Indications<br>in different<br>Formulas | Distilled    | Ugorskaya    | Aqua-<br>Crystal | Chusov<br>skaya | Novo<br>kurinskaya | Boiled<br>tap<br>water |
|------------------------------------------------------------|--------------|--------------|------------------|-----------------|--------------------|------------------------|
| Щ, mmol/l                                                  | -            | 2.70         | 1.00             | 2,55            | 1.1                | 1.4                    |
| pH initial.                                                | 5,56         | 8,10         | 7,26             | 7,63            | 7,08               | 8,47                   |
| Nestogen-1<br>Bellakt                                      | 6,99<br>6,90 | 6,88<br>6,94 | 6,82<br>6,83     | 6,80<br>6,83    | 6,79<br>6,85       | 6,70<br>6,98           |
| Вк ,<br>mmol<br>equiv/l                                    | 1,19         | 8,74         | 5,99             | 10,33           | 6,68               | 5,68                   |
| Bo ,<br>mmol<br>equiv/l                                    | 1,56         | 8,12         | 3,65             | 3,44            | 2,58               | 2,27                   |
| Osmolality,<br>mmol/kg                                     | 268          | 294          | 287              | 293             | 281                | 279                    |
| $\pi$ , atm                                                | 6,81         | 7,47         | 7,30             | 7,45            | 7,14               | 7,09                   |

Macro and micro elements, included in Formula content, are grouped into complexes with proteins. Active digestion of proteins occurs in stomach, with acid pH (4-5 newborn babies) Consequently, primary meaning of acid buffer was estimated (Table 2). The highest  $B_a$  criteria was in Bellakt diluted with Chusovskaya and Ugorskaya types of water, which have the highest alkalinity and pH. It is expected that Infant Formula diluted with this types of water has a bad influence on the gastro-intestinal system reducing an active acidity of gastric juice and increasing flatulence. It has the highest osmotic properties, too. We assume Aqua Crystal may be an appropriate water for Bellakt.

**Conclusions:**

1) Measured osmolality significantly differs from those indicated on the pack. Similac 1 diluted with distilled water is the most adapted Formula for the osmotic properties.

2) The osmotic properties of Infant Formula depends on the water type using for preparation.

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**ТЕРМИНЫ АРАБСКОГО ПРОИСХОЖДЕНИЯ В РУССКОЙ**  
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